29th Annual Meeting
Indian College of Physicians

- Notice and Agenda of Twenty Ninth Annual General Body Meeting
- Twenty Ninth Annual Report
- Minutes of the Twenty Eighth Annual General Body Meeting held at Mumbai on 26th January 2017.
- Audited Statement of Accounts from Dean’s place.

Mangesh Tiwaskar
Hon. General Secretary

Unit No.6&7, Turf Estate, Opp. Shakti Mills Compound, Off Dr. E. Moses Road, Mahalaxmi Station (W), Mumbai 400 011.
Tel.: (022) 6666 3224 • Telefax : 2492 0263 • e-mail : api.hdo@gmail.com
www.apiindia.org
Indian College of Physicians
Faculty Council (2017-2018)

Chairman
BR Bansode (Mumbai) (2018)

Dean
Rohini Handa (New Delhi) (2017)

Dean Elect
G Narsimulu (Hyderabad) (2018)

Vice Deans
RK Goyal (Ajmer) (2018)
Kamlesh Tewary (Muzaffarpur) (2019)
NP Singh (New Delhi) (2020)

Past Dean
A Muruganathan (Tirupur) (2018)

Hon. Gen. Secretary
Mangesh Tiwaskar (Mumbai) (2019)

Jt. Secretaries (H.Q.)
Ashit M Bhagwati (Mumbai) (2019)

Jt. Secretaries (Dean's place)
A. P. Mishra (Mumbai) (2020)

Hon. Treasurer
Charu K Jani (Mumbai) (2020)

Elected Members
Rakesh Gupta (Delhi) (2018)
Jayanta Kumar Panda (Cuttack) (2018)
Y Satyanarayanaraju (Hyderabad) (2018)
Shriram V Kulkarni (Khopoli) (2018)
Anupam Prakash (New Delhi) (2019)
PS Karmakar (Kolkata) (2019)

Sudhir Mehta (Jaipur) (2019)
Jai Bhagwan (Gurgaon) (2019)
SB Ganguly (Kolkata) (2020)
Atul Bhasin (New Delhi) (2020)
Vikram A Londhey (Mumbai) (2020)
Udai Lal (Hyderabad) (2020)

Ex-Officio Members
President Elect
Pritam Gupta (New Delhi)

Hon. Editor, JAPI
Milind Y Nadkar (Mumbai)

Director - PRF
YP Munjal (Gurgaon)

Editor-in-Chief, API Text Book
Sandhya Kamath (Mumbai)
TO ALL FELLOWS OF
THE INDIAN COLLEGE OF PHYSICIANS

Dear Fellows

The 29th Annual Report and Minutes of the 28th AGM have been circulated along with. I request you to go through them and if you have any queries, please send them to API office by 10th February 2018. Only those queries received by 10th February 2018 will be discussed in the 29th Annual General Body meeting to be held on 22nd February 2018 at Bengaluru.

With warm regards

Wishing you very happy and prosperous New Year 2018.

[Signature]

Dr. Mangesh Tiwaskar
Hon. General Secretary; API & ICP

INVITATION TO THE FELLOWS OF ICP

The 29th Annual Convocation of the Indian College of Physicians will be held on Friday on 23rd February 2018 at 6.00 P.M. at hall “2” venue of APICON – 2018, Dr. Babu Rajendra Prasad International Convention Centre, GKVK Campus, UAS Campus, Bengaluru. You are requested to attend the same.

With warm regards

Wishing you a happy and prosperous new year 2018.

[Signature]

Dr. Mangesh Tiwaskar
Hon. General Secretary; API & ICP
The Indian College of Physicians

Notice
A meeting of the 29th Annual General Body Meeting of ICP will be held on 22nd February 2018 at 4.00 P.M. at hall “2” venue of APICON – 2018; Dr. Babu Rajendra Prasad International Convention Centre, GKVK Campus, UAS Campus, Bengaluru. You are requested to be present at the meeting.

Agenda
1. Apologies
2. Condolences
3. Confirmation of the minutes of the twenty eighth Annual General Body Meeting of ICP held on 26th January 2017 at Mumbai. (Copy attached)
4. Business arising out of the minutes
5. To consider the 29th Annual Report of the ICP.
6. Any other business that may be brought before the meeting with the permission of the chair.

Dr. Mangesh Tiwaskar
Hon. General Secretary
Minutes of the 28th Annual General Body meeting of Indian College of Physicians

A meeting of the 28th Annual General Body Meeting of ICP was held on 26th January 2017 at 4.00 P.M. at hall “B” Venue of APICON Hotel Ramada, Powai, Mumbai.

There was no quorum and hence the meeting was adjourned for 15 minutes. The meeting was called to order at 4.15 P.M. by Dr. Gurpreet S. Wander the President of API and Chairperson of Indian College of Physicians. He welcomed all the Fellows of the Indian college of Physicians and invited the Dean Dr. A. Muruganathan to conduct the proceedings of the meeting. Dean Dr. Muruganathan thanked Dr. GS Wander and welcomed at the fellows of ICP.

The following members were present


1. **Apologies**

Request for leave of absence were received from Drs. P. S. Shanker – Gulbarga, V. Parameshwara – Bangalore. Leave of absence was granted to them.
2. **Condolesces**

Hon. General Secretary Dr. Mangesh Tiwaskar informed about the sad demise of H. S. Bajpai – Varanasi; Drs. MA Kabeer – Chennai; Col. George Kurian – Mavelikkara; M.P. Shrivastava – New Delhi; B. V. Agrawal – Varanasi; D. Ram Rao – Bangalore and V. S. Achar – Bangalore, S. N. Sharma - Ranchi. Two minutes silence was observed in memory of the departed soul. The General Body authorized Hon. General Secretary to send a suitable resolution to the family members of the departed soul.

3. **Confirmation of the minutes of the twenty seventh Annual General Body Meeting of ICP held on 28th January 2016 at Hyderabad.**

The copy of the 27th Annual General Body meeting of ICP held on 28th January 2016 at Hyderabad which was circulated and gone through page by page from page No. 6 to 10 of the 28th Annual Report was passed; proposed by Dr. N. K. Soni and Seconded by Dr. Kamlesh Tewary.

4. **Business arising out of the minutes.**

Nil

5. **To consider the 28th Annual Report of the ICP.**

The 28th Annual Report of Indian College of Physicians with Dean’s Annual Report of the activities of ICP which were already circulated and went through page by page No. 11 to 29 which were passed; proposed by Dr. RR Choudhary and Seconded by Dr. Anupam Prakash.

6. **Any other business that may be brought before the meeting with the permission of the chair.**

Dean Dr. A. Muruganathan informed the members first time the periodical newsletter “Dean’s Times” was introduced in ICP. He conducted more than 615 CMEs programmes through live and webcast.

Conducted many CMEs under the Aegis of ICP in various places.

Conducted WhatsApp CME which was very helpful to PGs.

Conducted lot of State and Zonal under the Aegis of ICP.

IDF SEA diabetes Summit 2016 Completed 15th Diabetes Summit at various places.

Physicians Day CMEs, celebrated Physicians day across the country.

Web CMEs Conducted THREE E-Stroke Academy live telecast - 6000 Physicians attended live webcast at 50 Locations (total-150) at various places.

Each webcast at 50 places with individual moderator in a good venue.

e-Hypertension Academy Live telecast - Conducted FOUR live web telecast. Each webcast at 50 places with individual moderator in a good venue.
12 Sponsor Training Program were arranged with the help of Dr. Mangesh Tiwaskar. Total 23 highest numbers of Monographs was released.

During Deanship from 2016 Feb to 2017 Jan Dr. A. Muruganathan collected nearly 33 lakhs from various sponsors for conducting live telecasts, Web CME's & CME's. Dr. A. Muruganathan requested that above collected amount may be kept in the deposit and ear marked for conducting rural CME's and STPs.

All the members appreciated the Dean Dr. A. Muruganathan for the Dean's overall excellent activities and his unique performance during the year and for the good Scientific Program of CME held on 26th January 2017 and also appreciated for high numbers of Monographs and CMEs.


Dr. A. Muruganathan the outgoing Dean invited Dr. Rohini Handa on the dias and installed him as the Dean of ICP (2017-2018) Dr. Muruganathan thanked the fellows for their support given to him during his tenure as Dean. He also introduced Dr. Rohini Handa and informed that he had a great pleasure to hand over the Deanship and prestigious medialian to Dr. Rohini Handa, who is a dynamic Rheumatologist.

Dr. Rohini Handa thanked all the fellows and informed that it’s a matter of great honour and privilege to give charge as the Dean, Indian College of Physicians. I am following the footsteps of several sternwards and we will do our very best to justify that you have chosen us.

Chairman, Dr. Gurpreet Singh Wander welcomed Dean, Dr. Rohini Handa and congratulated him.

The meeting ended with a vote of thanks to the Chair.

Dr. A. Muruganathan
Dean – ICP

Dr. Mangesh Tiwaskar
Hon. General Secretary

ELECTION RESULTS

Dean Elect
Dr. Amal Kumar Banerjee, Kolkota (Unopposed)

Vice Dean
Dr. Girish Mathur, Kota (Unopposed)

Faculty Council Members
Dr. Soumitra Ghosh, Kolkota
Dr. Sanjeev Maheshwari, Ajmer
Dr. Aditya Prakash Misra, New Delhi
Dr. Sriram Vasant Kulkarni, Khopoli
ICP Dean’s Annual Report (2017-2018)
Annual Report of Indian College of Physicians (ICP)
January 2018

I took over as the Dean of the Indian College of Physicians during the 28\textsuperscript{th} Annual General Body meeting of ICP at Mumbai on 26 January 2017. It has been a unique privilege and an honour to serve my College as the Dean and I would like to thank all my colleagues for reposing faith in me.

The ICP Convocation was held at Hotel Renaissance, Mumbai on 27 January 2017. Dr Farokh Udwadia was the chief guest and delivered a thought provoking convocation address. Fellowship of ICP was conferred on 167 members of the API.

The Master Teacher Award for 2016 was conferred on
1. Dr. A. N. Malaviya, Delhi
2. Dr. A. R. Vijayakumar, Coimbatore
3. Dr. L. S. Chawla, Ludhiana
4. Dr. P. C. Sahu, Berhampur
5. Dr. S. D. Mehtalia, Mumbai

The Honorary Fellowship of ICP was conferred on:
1. Dr. Frank Murray - President Royal College of Physicians-Ireland
2. Dr. Geoff Chadwick - Vice President Royal College of Physicians-Ireland
3. Dr. Colin Robertson - Editor of Macleod Clinical examination-Edinburgh
4. Dr. Md. Abdul Jalil Chowdhury - Councilor & Honorary Secretary - Bangladesh College of Physicians & Surgeons (BCPs)
5. Dr. Jayanta Chatterjee - Clinical Senior Lecturer at Imperial College, London
6. Dr. Chandrika N Wijeyaratne- President Elect Sri Lanka Medical Association 2017
7. Dr. Mrinal Patnaik, USA
8. Dr. Sanjeev Arora, USA
9. Dr. Andrew Elder, UK
10. Dr. Mark Evans, UK
11. Dr. Kartik Ghosh, USA
12. Dr. Pravin Motilal Rathi, Mumbai
In keeping with the mandate of the ICP several monographs were initiated. These include:

<table>
<thead>
<tr>
<th></th>
<th>Author(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Dr. R Rajasekar</td>
<td>Approach To General Examination &amp; History Taking In Clinical Medicine</td>
</tr>
<tr>
<td>2</td>
<td>Dr. K. Mugundhan</td>
<td>Immune Mediated Neurological Disorders</td>
</tr>
<tr>
<td>3</td>
<td>Drs. Aman Sharma &amp; Rohini Handa</td>
<td>Urgencies &amp; Emergencies in Rheumatology</td>
</tr>
<tr>
<td>4</td>
<td>Drs. Rohini Handa &amp; Aman Sharma</td>
<td>Tropical Rheumatology</td>
</tr>
<tr>
<td>5</td>
<td>Dr. Vitull Gupta</td>
<td>Emergencies in Pulmonary Medicine</td>
</tr>
<tr>
<td>6</td>
<td>Dr. NP Singh</td>
<td>Drugs and Kidney</td>
</tr>
<tr>
<td>7</td>
<td>Dr. G Narsimulu</td>
<td>Inflammatory Myopathies</td>
</tr>
<tr>
<td>8</td>
<td>Dr. HB Chandalia</td>
<td>Hypothyroidism</td>
</tr>
<tr>
<td>9</td>
<td>Drs. YP Munjal &amp; Anupam Prakash</td>
<td>Challenges in achieving Euglycaemia</td>
</tr>
<tr>
<td>10</td>
<td>Dr. Jayant Panda</td>
<td>Infections in Diabetes-Indian scenario</td>
</tr>
<tr>
<td>11</td>
<td>Dr. SV Kulkarni</td>
<td>Computer &amp; smartphone technology in Clinical Medicine-Indian Perspective</td>
</tr>
<tr>
<td>12</td>
<td>Dr. Sameer Aggarwal</td>
<td>Hypothyroidism &amp; Pregnancy</td>
</tr>
<tr>
<td>13</td>
<td>Dr. Chandni R</td>
<td>Practical Guide on Insulin Therapy for the beginners</td>
</tr>
<tr>
<td>14</td>
<td>Dr. CL Nawal</td>
<td>Obesity</td>
</tr>
<tr>
<td>15</td>
<td>Dr. V Nagaraajan</td>
<td>Dementia Disorders</td>
</tr>
<tr>
<td>16</td>
<td>Dr. Ramesh Dargad</td>
<td>COPD</td>
</tr>
</tbody>
</table>

Many of these monographs shall be formally released during the inauguration of the CME.
A list of the academic activities conducted with ICP collaboration is enclosed:

<table>
<thead>
<tr>
<th>S. No</th>
<th>City</th>
<th>Organiser</th>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Salem</td>
<td>Dr VP Eswaran Dr D Vijayaraju Dr K Mugandhan</td>
<td>Several monthly meetings</td>
<td>Case Presentation, Guest Lecture, Journal Club</td>
</tr>
<tr>
<td>2.</td>
<td>Kumbakonam</td>
<td>Dr R Rajasekar</td>
<td>&gt;15 meetings</td>
<td>Cardio-Diabetes</td>
</tr>
<tr>
<td>3.</td>
<td>WhatsApp</td>
<td>Dr Murugnathan</td>
<td>&gt;15 CMEs</td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td>Ghaziabad</td>
<td>Dr NK Soni API Ghaziabad Chapter &amp; ICP</td>
<td>8 April 2017</td>
<td>Erectile Dysfunction: Small tissue, big issue</td>
</tr>
<tr>
<td>5.</td>
<td>Gurgaon</td>
<td>Dr Jai Bhagwan</td>
<td>9 April 2017</td>
<td>Role of diet in lifestyle ailments &amp; Yoga session. Rural CME at Om Indu Jain Rural Hospital, Dhankot (Gurugram)</td>
</tr>
<tr>
<td>6.</td>
<td>New Delhi</td>
<td>Dr Atul Bhasin API Delhi State Chapter &amp; ICP</td>
<td>13 May 2017</td>
<td>Cardiology CME</td>
</tr>
<tr>
<td>7.</td>
<td>New Delhi</td>
<td>Dr Anupam Prakash</td>
<td>27 May 2017</td>
<td>ICP UPFRONT CME on ‘Pain Management’</td>
</tr>
<tr>
<td>8.</td>
<td>Dhanbad</td>
<td>Dr NK Singh API Jharkhand Chapter &amp; Indian College of Physicians</td>
<td>25 June 2017</td>
<td>Association of Physicians of India Jharkhand Chapter &amp; Indian College of Physicians CME, Dhanbad.</td>
</tr>
<tr>
<td>S. No</td>
<td>City</td>
<td>Organiser</td>
<td>Date</td>
<td>Topic</td>
</tr>
<tr>
<td>-------</td>
<td>---------------</td>
<td>----------------------------------------------------------</td>
<td>-----------------------</td>
<td>--------------------------------------------</td>
</tr>
<tr>
<td>9.</td>
<td>Siliguri</td>
<td>Association of Physicians of North Bengal, Siliguri.</td>
<td>20-21 May 2017</td>
<td>8th Annual Conference</td>
</tr>
<tr>
<td>10.</td>
<td>Kota</td>
<td>API Kota and Rajasthan Forum of ICP Fellows</td>
<td>3 June 2017 and 24 June 2017</td>
<td>Scientific Meetings</td>
</tr>
<tr>
<td>11.</td>
<td>New Delhi</td>
<td>Dr Atul Bhasin</td>
<td>16 July 2017</td>
<td>API Delhi State Chapter and ICP Mid Term CME</td>
</tr>
<tr>
<td>12.</td>
<td>Secunderabad</td>
<td>Association of Physicians of India - Telangana State</td>
<td>12-13 August 2017</td>
<td>2nd Annual Conference of the Association of Physicians of India - Telangana State,</td>
</tr>
<tr>
<td>13.</td>
<td>Silchar</td>
<td>Indian College of Physicians and API Assam Silchar Branch, Silchar.</td>
<td>27 August 2017</td>
<td>Peripheral CME</td>
</tr>
<tr>
<td>14.</td>
<td>New Delhi</td>
<td>XXVIII Annual Conference of API Delhi State Chapter</td>
<td>18-19 November 2017</td>
<td>API-ICP Meeting</td>
</tr>
</tbody>
</table>

There are very likely to be other CMEs organised by esteemed members which are not listed here because no communication was sent to the head office or the Dean’s office. We apologise for such inadvertent omissions in this list.

Undergraduates Teaching Slides in Rheumatology are being prepared. These shall be put on web shortly.

Honorary Fellowship of the ICP has been conferred this year on Prof Syed Atiqul Haq, Bangladesh and Mamun-Al-Mahtab, Bangladesh.
CME 2018
Theme: “Current Concepts and Future Trends in Medicine”.
Workshops: 3
1. **A to Z of CBC (Learning CBC through case studies)**
   Faculty: Dr Sudhir Mehta, *Jaipur* and Dr Swati Pai, *Bengaluru*
2. **Joint & Soft tissue Injection Workshop**
   Hands on using mannequins
   Faculty: Drs SJ Gupta, PD Rath, Sundeep Upadhyay, *New Delhi*
3. **Clinical Decision Making Workshop**
   Faculty: Gp Capt Shankar Subramanian, Gp Capt Ajay Handa,
   Wg Cdr TVSVGK Tilak
Rabindranath Tagore Oration: Dr T Geetha, Coimbatore (Health and Disease in Women-From cradle to grave)
Panel Discussions: 2 (AMI and Hepatitis C)
State of Art Lectures: 2
Evidence based approach Sessions
WIN (What is new) Sessions; Lectures and Updates

I would like to thank my chairman Dr Bansode, the entire Faculty Council of ICP, Governing Body of API and the Board of Physicians Research Foundation for their guidance and unstinted cooperation. Dr Pritam Gupta and Dr YP Munjal were very generous in their support. The head office especially Dr Mangesh Tiwaskar and Mrs Sunita Shukla were always there to help. Dr AP Misra was an indispensable Joint Secretary. I would like to place on record my deepest appreciation for my dynamic predecessor Dr Muruganathan. I welcome my successor Dr G Narsimulu who, I am sure, will lead ICP to greater heights.
Long live ICP.

Rohini Handa
Dean ICP
New Delhi
6 January 2018
Dean-Indian College of Physicians
Accounts
01/12/2016 to 15/11/2017
## RECEIPTS & PAYMENTS ACCOUNT FOR THE PERIOD

01/12/2016 TO 15/11/2017

<table>
<thead>
<tr>
<th>Receipts</th>
<th>AMOUNT</th>
<th>Payments</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sponsorship Receipts</td>
<td>5,375,218</td>
<td>Bank Charges</td>
<td>784</td>
</tr>
<tr>
<td>Bank Interest</td>
<td>62,279</td>
<td>Mementoes &amp; Complimentaries</td>
<td>532,389</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Participants Entertainment Expenses</td>
<td>28,573</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Donation to Physicians Research Foundation</td>
<td>3,000,000</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Salary to Staff</td>
<td>390,000</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Travelling Expenses reimbursed to participants</td>
<td>1,485,751</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>5,437,497</strong></td>
<td><strong>Total</strong></td>
<td><strong>5,437,497</strong></td>
</tr>
</tbody>
</table>

As per books of Account produced

For **A. Loganathan & T. Natarajan**
Chartered Accountants
(F.R. No.001872-S)

**T. Natarajan-21850**
Partner

Tirupur
Dated: 30-12-2017